

DTF IRON ON TRANSFER INSTRUCTIONS

1



Set Temperature

Set your iron to the max heat setting (as long as it's not over 320 degrees F). Be careful not to burn yourself.

2



Pre-Iron (10-20 seconds)

Pre-ironing your garment removes any wrinkles from your fabric and also helps absorb any moisture from the garment.

3



Place your Transfer, then Press

Place your transfer sheet on the garment and lay a sheet of teflon or parchment paper over the transfer. If you don't have Teflon or parchment paper, you can use another fabric instead, but Teflon or parchment paper works best. Then press down with your iron and apply high pressure by pressing straight down, and for 15-20 seconds in any given area. Do not move the iron around the fabric while you press, but rather you should apply pressure in one spot then lift and apply again.

4



Peel

After you have pressed the transfer in all areas, wait 15-20 seconds for the film to cool slightly, then peel from one edge slowly to the other, in a rolling motion. Hold down the garment with your free hand for better control.

OPTIONAL: For a matte finish, iron your transfer (after step 4) with kraft paper for 10-15 secs

Recommended For Professional Results:



Professional Heat Press

or



Cricut EasyPress

Notes:

- It's good practice to test garments before doing your actual transfers, every situation is custom.
- If your transfer is not peeling properly, repress with your heated iron for 5 seconds in all areas, and try peeling from a different corner.
- Settings may vary for different garments and presses
- Iron on transfers work, but for a more professional result or production runs, consider using a heat press instead. Heat press settings vary and process varies slightly as compared to iron on transfers.